



UNIVERSITY of  
**STIRLING**



# EVIDENCE-BASED PRACTICE IN SPORT: THE CASE FOR TENSIOMYOGRAPHY



A unique, two-day event for sport and health professionals  
who work with high performance athletes  
BASES accredited

**24th and 25th March 2020**  
**Stirling Court Hotel**

For more information and to register, visit: [stir.ac.uk/31f](http://stir.ac.uk/31f)

**TUESDAY 24 MARCH**

<b>TIME</b>	<b>ACTIVITY</b>
09:00	Registration
09:30	<b>Welcome</b> Dr Tess Kay <i>Deputy Dean and Head of Sport, University of Stirling</i>
09:45	<b>Introduction</b> Mike Whittingham <i>Director of High Performance, sportscotland Institute of Sport</i>
10:00	<b>Keynote 1: Science to practice insights</b> Dr Malcolm Fairweather <i>Head of Performance Solutions, sportscotland Institute of Sport</i>
10:30	<b>Keynote 2: Title TBC</b> Jure Jemec <i>TMG</i>
11:00	<b>Coffee break</b>
11:30	<b>Keynote 3: Title TBC</b> Srdjan Djordjevic <i>TMG</i>
12:00	<b>Keynote 4: Muscle measurement for High Performance Sport: a 15-year journey</b> Dr Angus Hunter <i>Reader in Neuromuscular Physiology, University of Stirling</i>
12:30	<b>Lunch</b>
13:30	<b>Keynote 5: Title TBC</b> Boštjan Šimunič <i>Head of the Institute for Kinesiology Research at Science and Research Centre Koper, Slovenia.</i>
14:00	<b>Keynote 6: Title TBC</b> Dr Jacqueline Thow <i>Performance Solutions Scientist, sportscotland Institute of Sport</i>
14:30	<b>Coffee break</b> <b>Demonstration and Q&amp;A session 1</b> Led by (TBC)
15:15	<b>Keynote 7: Use of TMG as a tool to complete diagnosis in hip and knee pathologies</b> Dr Silvia Ramon <i>Director of Physical Medicine &amp; Rehabilitation, Quironsalud Hospital, Barcelona</i>

**WEDNESDAY 25 MARCH**

<b>TIME</b>	<b>ACTIVITY</b>
09:30	Registration
10:00	<b>Keynote 8: Title TBC</b> Michael Behringer <i>Goethe-Universität Frankfurt am Main</i>
10:30	<b>Keynote 9: Title TBC</b> David Rodríguez Ruiz <i>Universidad de Las Palmas de Gran Canaria</i>
11:00	<b>Coffee break</b> <b>Demonstration and Q&amp;A session 2</b> Led by Dr Lewis Macgregor
11:45	<b>Keynote 10: Practical Application of TMG in a Professional Soccer Team</b> Rafa Maldonado <i>Fitness Trainer, FC Girondins de Bordeaux</i>
12:15	<b>Keynote 11: Making the case for Tensiomyography</b> Dr Lewis Macgregor <i>Lecturer in Neuromuscular Physiology, University of Stirling</i>
13:00	<b>Lunch</b>
14:00	<b>Think Tank Session: Where to from here?</b> Led by Dr Angus Hunter