TENSIOMYOGRAPHY is an evidence-based method which precisely measures the speed of muscle contraction and stiffness. It is used in research, performance and sport medicine.

FREE TENSIOMYOGRAPHY VIRTUAL PROGRAM:

Title: Use of Tensiomyography in Muscle aging studies  
Speaker: Dr. Boštjan Šimunič, Institute for Kinesiology Research Koper  
Dates: January 12th, 2020 at 8:00h Central Europe time
(18:00h Sidney, 16:00h Tokyo, 15:00h Singapore, 12:30h Delhi, 12:00h Moscow, 7:00h London)
January 28th, 2020 at 14:00h Central Europe time
(7:00h Dallas, 8:00h New York, 13:00h London, 16:00h Moscow, 17:00h Dubai, 18:30 Delhi)

Title: Practical applications of Tensiomyography in performance, muscle injury diagnostic  
Speaker: Srdan Dordevic, Track & Field Coach  
January 20th, 2020 at 14:00h Central Europe time
(7:00h Dallas, 8:00h New York, 13:00h London, 16:00h Moscow, 17:00h Dubai, 18:30 Delhi)

Title: Introduction to Tensiomyography  
Speaker: Sergej Rozman  
January 21th, 2020 at 14:00h Central Europe time
(7:00h Dallas, 8:00h New York, 13:00h London, 16:00h Moscow, 17:00h Dubai, 18:30 Delhi)

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