Tensiomyography is an evidence-based method which precisely measures the speed of muscle contraction and stiffness. It is used in research, performance and sport medicine.

FREE Tensiomyography VIRTUAL PROGRAM:

Title: Validation of Tensiomyography and possible usage in research projects
Speaker: Dr. Boštjan Šimunič, Principal Researcher in Institute for Kinesiology Research Koper
 Dates:
November 12th, 2020 at 13:00h Central Europe time
(7:00h Dallas, 8:00h New York, 12:00h London, 15:00h Moscow, 16:00h Dubai, 17:30h Delhi, 20:00h Singapore, 21:00h Tokyo, 21:00h Seoul)
November 17th, 2020 at 8:00h Central Europe time
(18:00h Sidney, 16:00h Tokyo, 16:00h Seoul, 15:00h Singapore, 12:30h Delhi, 12:00h Dubai, 10:00h Moscow, 7:00h London)

Title: Athletic coaching - the use of Tensiomyography for speed development
Speaker: Srdan Dordevic, Track & Field Coach
 Dates:
November 19th, 2020 at 14:00h Central Europe time
(7:00h Phoenix, 8:00h Dallas, 9:00h New York, 13:00h London, 16:00h Moscow, 17:00h Dubai, 18:30h Delhi, 21:00h Singapore)
November 24th, 2020 at 17:00h Central Europe time
(8:00h LA, 9:00h Phoenix, 10:00h Dallas, 11:00h New York, 16:00h London, 19:00h Moscow, 20:00h Dubai)

Title: Introduction to Tensiomyography
Speaker: Sergej Rozman
 Dates:
November 19th, 2020 at 16:00h Central Europe time
(7:00h LA, 8:00h Phoenix, 9:00h Dallas, 10:00h New York, 15:00h London, 18:00h Moscow, 19:00h Dubai)
November 26th, 2020 at 8:00h Central Europe time
(18:00h Sidney, 16:00h Tokyo, 16:00h Seoul, 15:00h Singapore, 12:30h Delhi, 12:00h Dubai, 10:00h Moscow, 7:00h London)

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